

Drinks With Vodka: Low Calorie Cocktails

Drinks with Vodka



Franklin Smith

Cocktails are usually notoriously high calories, but they don't have to be. The Drinks with Vodka has more than 15 recipes for cocktails -- all of them containing less than 200 calories. Yes, you can have your drink and stay on your dietary target. Enjoy these drinks and impress your friends and family with your new talent. Please Please Please - DRINK RESPONSIBLY & NEVER DRINK & DRIVE!

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Low Calorie Cocktails Recipes for Low Calorie - Super Skinny Me Drink straight vodka. This is the simplest choice. It doesn't get any lower calorie when it **Top Low-Calorie Alcoholic Drinks for Summer Shape Magazine** Gimlet: 178 calories. If gin is your liquor of choice, go with a classic gimlet at the bar. Martini: 176 calories. This classic martini is a mix of vermouth and gin. Mojito: 168 calories. Paloma: 166 calories. Old Fashioned: 154 calories. Gin and Tonic: 148 calories. Sazerac: 136 calories. Vodka Soda: 96 calories. **The Best Drinks for Dieters - Low-Calorie Cocktails -** It's easy to lose track of how many you've had. The stats here are for a 6-oz. drink. Vodka & Club Soda (about 100 calories, SmartPoints value **3 Easy Ways to Make Low Calorie Vodka Drinks - wikiHow** Not all cocktails have to be laden with fat, sugar and calories. These seven vodka cocktails are great for those seeking a healthier alcoholic **10 of the Lowest Calorie Cocktails You Can Drink SELF** Being on a diet doesn't have to mean sacrificing the odd tittle. These low-calorie alcoholic drinks won't pile on the pounds. **Drinks on Us: Easy, Low-Calorie Cocktail Recipes Fitness Magazine** Low-Calorie Cocktail: Mojito. Low-Calorie Cocktail: Rum and Diet Coke. Low-Calorie Cocktail: Sea Breeze. Low-Calorie Cocktail: Vanilla Vodka and Diet Ginger Ale. Low-Calorie Cocktail: Tequila and Soda. Low-Calorie Cocktail: Champagne. Low-Calorie Cocktail: Sour-Apple Martini. **Healthy Vodka Drinks: 7 Best Low Calorie Vodka Drinks - Supercall** Yes, you can enjoy a couple of cocktails and still have a bikini body. Try these low-calorie cocktail recipes for a healthier happy hour. **10 Best Low-Calorie Cocktails Glamour** Raise a glass filled with one of one of these lower-calorie cocktails The bigger a drink, the more alcohol it has and, therefore, the more **Calories in Vodka Low-Calorie Vodka Drinks - Super Skinny Me** Low-calorie alcoholic drinks fix an essential problem. In one of the more unfair laws of the universe, alcohol isn't exactly a health elixir. **20 Skinny cocktails you'll never believe are actually low-cal** Raise a glass filled with one of one of these

lower-calorie cocktails instead. At home, try infusing vodka using this recipe from Emeril Lagasse. **The Best Drinks for Dieters - Low-Calorie Cocktails** - These summer cocktails are light on calories yet big on flavor. Serve them at your next cookout or just enjoy at home when you want a refreshing, low-calorie **10 Best Low Calorie Cocktails You Can Order Anywhere** **10 of the Lowest Calorie Cocktails You Can Drink** **SELF** Low-cal cocktails. A delicious cocktail is the perfect way to unwind until you see the calorie count! Your favorite drinks can contain syrups, sugary mixers, and a **10 Low Calorie Drinks to Order at the Bar - Spoon University** But when it comes to alcoholic drinks, sometimes the calories don't register, even. Drinking alcohol can also make you feel hungrier because alcohol can lower **15 Low-Calorie Cocktails You Can Order Anywhere** **Hungry Girl** We all love a great cocktail but when Pitbull is the spokesperson we know it'll be good! Try one of these vodka cocktails without the guilt, they're **10 Low-Calorie Cocktails** **Fox News** Find and save ideas about Low calorie mixed drinks on Pinterest, the world's catalog of ideas. Just add vodka and you have a low calorie no carb cocktail. **4 Low-Calorie Alcoholic Drink Recipes That Won't Ruin Your Diet** 15 Cocktails Under 150 Calories (and Better Than Vodka-Soda) First things first: Ditch the sugary mixers and load your drink with healthy fruits and herbs to **Refreshing Low-Cal Cocktail Recipes** - Find and save ideas about Low calorie vodka drinks on Pinterest, the world's catalog of ideas. See more about Low calorie mixed drinks, Low calorie drinks **Low-Calorie Vodka Cocktails - Cosmopolitan** If you've been swearing off alcohol in the name of flat abs, help is here with these low calorie cocktails. **20 Tasty Low-Calorie Cocktails - Cosmopolitan** Vodka is a common ingredient of many popular and well-loved cocktails and mixed drinks, as unlike its counterparts (rum, brandy, bourbon, whiskey, etc.) Vodka **Summer Cocktail Recipes - Low-Calorie Summer Cocktails** **Fitness** The best low calorie alcoholic drinks keep plenty of the good stuff (booze) while reducing or eliminating the bad stuff (sugary mixers). **Low calorie and Diet-friendly alcoholic drinks - Woman Magazine** A lowish calorie drink you can make lower. Gin/ Vodka with SODA is seriously low-calorie. Gin/ Vodka Tonic contains sugar from the tonic water. It isn't the most **35 Low-Calorie Summer Cocktails You'll Want to - Women's Health** elaborate happy-hour drinks with these easy-to-make, low-calorie cocktails that fresh pink grapefruit sections, and vodka are sweetened with canned lychee **17 Best ideas about Low Calorie Vodka Drinks on Pinterest** **Low** for a fruity summer sip? Try one of these low-calorie recipes to toast without tacking on extra pounds. Strawberry-Citrus Vodka Cocktail. This sweet-tart **15 Low-Calorie Cocktails That Are Better Than Vodka-Soda** These low-calorie cocktails are perfect for summer, and all have less than. Add vodka and pomegranate juice to a cocktail shaker with ice and **11 Low-Calorie Alcoholic Drinks Registered Dietitians Love** **SELF** There's nothing like a refreshing cocktail on a hot day. Unfortunately, most of that's why we found drinks that are low-cal (150 or less). Even better