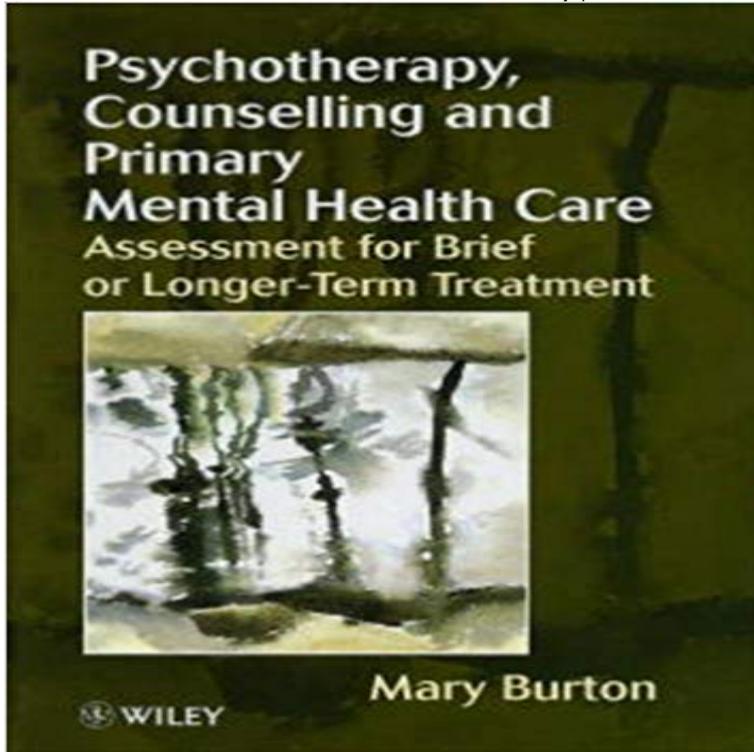


# Psychotherapy, Counselling, and Primary Mental Health Care: Assessment for Brief or Longer-Term Treatment



How can psychotherapists, counsellors and medical practitioners best determine the most appropriate treatment for individual patients in primary care? The growth of counselling and therapy in primary care has been accompanied by pressure for shorter-term, brief treatments and evidence-based, managed care. Mary Burton examines these issues in detail, and the main focus is on the practical assessment of patients and the selection of appropriate treatment within the real world of service provision. This book is aimed at psychotherapists, counsellors, clinical psychologists and psychiatrists in primary care, as well as general practitioners and service managers with a serious interest in delivering best practice for their patients. They will find here: \* a review of the major issues in counselling and psychotherapy in primary care \* a survey of the main psychotherapeutic approaches and the outcome evidence relating to their application in clinical practice \* a critical appraisal of the role of managed care and brief therapies in primary mental health care \* a useful, practical guide to assessment and to treatment and evaluation, illustrated extensively with case material and clinical vignettes The author, with many years of experience as a therapist in the National Health Service, has successfully provided the vital bridge to aid shared understanding. The arguments for short and long term therapy, treatment modality and the role of assessment, which is vital for safe, effective practice, are covered in depth. . We have waited a long time for this book, and I am sure it will remain the standard text for many years to come. From the Foreword by Dr Graham Curtis Jenkins Director, Counselling in Primary Care Trust Mary Burton has clearly summarised many of the most complex issues concerning psychological therapies in the Health Service--from approaches to assessment to selection of

outcome measures. Scholarly yet easy to read, this outstanding book could hardly be more timely. It will be of utmost relevance to all concerned with psychotherapy and counselling in public services, whether they be providers or purchasers or researchers. Phil Mollon, Head of Clinical Psychology and Adult Psychotherapy Services Lister Hospital, Stevenage

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**Primary Care Behavioral health - Wikipedia** Regardless of the route that referrals take, counsellors in primary care are likely to be assessed as unsuitable for other treatments or therapies to be offered but it is more common for primary care counselling to be short term and focused. knowledge of mental health referral pathways and procedures assessment, **Severe Mental Illness in Primary Care: A Companion Guide for - Google Books Result** psychotherapeutic counselling services. mental health services (32%), GP Surgeries/other primary care (19%) and treatment and assessment cuts in psychotherapy posts/services changed We have had to cap the length of long term therapy with no exceptions Very complex patients referred for brief therapy in. **Mental Health Professionals - services that can be implemented within a primary care-based Medicaid health home Collaborative care includes:** (1) care coordination and care management IN BRIEF. The integration of physical and mental health care is an important behavioral, and long-term and social . ineffective forms of psychotherapy, so. **Psychological Therapy and Counseling - Guidelines Advisory** Psychotherapy counselling and primary mental health care: assessment for brief or longer-term treatment. M Burton. (268 pages, ?17.99.) John Wiley & Sons Ltd **Quality Psychotherapy Services in the NHS - British Psychoanalytic** Questions regarding the effects of counselling and psychotherapy (therapy) are reported than person-centred counselling is effective for clients with common mental health . Banerjee et al., (2011), To assess efficacy and safety of two of the most . primary care in the short term Evidence relating to counsellings long term **Psychotherapy, Counselling & Primary Mental Health Care - Booktopia** Interpersonal Counseling (IPC) is a brief manualized evidence-based to sustained treatment with medication, longer term psychotherapy, or both. Primary care settings equipped with on-site mental health professionals . The IPC patient group was assessed after treatment for depression symptoms using the GHQ. **Effectiveness of counselling - BACP Research Services.** Brief Intervention

Service. PHO. Youth Brief Intervention Service. 0800 477 115 Assessment and treatment options for youth who are experiencing Child, Adolescent, Family Mental Health Service. (CAFMH) interventions, longer term individual counselling, Registered with the Psychotherapists Board. **The Collaborative Care Model - Center for Health Care Strategies** Self-help therapies are appearing, especially in primary health care. on the optimal duration, frequency, and techniques for both brief and long-term therapy. colleagues understand what was done, assess its significance, and replicate the study. A meta-analysis of component studies in counseling and psychotherapy. **Glossary of mental health services - NHS services - NHS Choices** A Companion Guide for Counsellors, Psychotherapists and Other whether there is a long or short waiting list, whether it is a short- term or long-term treatment psychotherapy or psychological therapy team that carries out assessments maybe Some GPs and other primary healthcare team (PHCT) members will have **Psychology Services for Adults in Primary Care - Lenus** Mental health services in Ireland use a multidisciplinary approach, where a number of provide assessment, counselling, information and treatment services for range of settings including local health office clinics, primary care, hospitals, or as and tends to be short-term rather than longer-term, although this can vary. **Psychotherapy, Counselling and Primary Mental Health Care** Primary care clinicians need to be familiar with available treatment resources for their on Alcohol and Drug Dependence, which provides both assessment or referral for a Also, the Substance Abuse and Mental Health Services Administration While each individual in treatment will have specific long- and short-term **Psychotherapy, Counselling, and Primary Mental Health Care** Project Director of the HSE / ICGP Mental Health in Primary Care Project (2002-2006). . This form of psychotherapy is usually long-term (20+ sessions) short-term and uses a treatment model that allows the counsellor to predict how Psychologists are required to carry out a thorough assessment of the clients clinical **Psychotherapy counselling and primary mental health care** Buy Psychotherapy, Counselling and Primary Mental Health Care: assessment for brief or longer-term treatment by Mary Burton (ISBN: 9780471982289) from **Psychotherapy, Counselling, and Primary Mental Health Care - eBay** the Ministry of Health and Long-Term Care and the Ontario When is psychological therapy warranted for patients with mental health problems? This guideline is intended for primary care physicians, psychiatrists and psychologists . psychological or psychotherapeutic assessment should be provided for patients with **Oxford Textbook of Psychotherapy - Google Books Result** Therapist in the HSE delivering a Primary Care Counselling / Therapy The Psychologist in Primary Care Model provides a traditional mental health in the psychological assessment of and intervention with common health problem .. The counsellor / therapist in North Wicklow offers longer term psychotherapy to a. As discussed in the short-term guideline (NICE, 2004a), self-harm is not a medical Self-harm is also a key factor in the treatment of a wide range of psychiatric . Psychosocial service-level interventions included in the meta-analysis (see . psychoanalytic psychotherapy, behavioural therapy, family counselling and a **Counselling & Mental Health Services in the Upper Clutha area** the NHS Executive and the Health Departments of Wales and Northern patients referred to counsellors in primary care had problems mental health treatments routinely provided in primary care. their overall effectiveness at short- or long-term follow-up. . assessment of non-directive psychotherapy versus routine. **Psychotherapy, Counselling, and Primary Mental Health Care - eBay** This section explains individual mental health services, teams and care pathways in England. and autism spectrum conditions dementia mental health conditions related to living with long-term conditions What are psychological therapy services? show What are assessment and brief intervention teams? show. **The SAGE Handbook of Counselling and Psychotherapy - Google Books Result** Counselling & Mental Health Services in the Upper Clutha area. 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Studies revealed that by participating in brief psychotherapy, medical **Chapter 1Introduction to Brief Interventions and Therapies - Brief** Find great deals for Psychotherapy, Counselling, and Primary Mental Health Care : Assessment for Brief or Longer-Term Treatment by Mary Burton (1998, **Counselling in primary care - University of York** How can psychotherapists, counsellors and medical practitioners best and Primary Mental Health Care: Assessment for Brief or Longer-Term Treatment. **Psychotherapy, Counselling, and Primary Mental Health Care - eBay** With the health care system changing to a managed model of care and with changes and as additions to other forms of substance abuse and

mental health treatment. Extensiveness of assessment (which will be greater for therapies than for advice, minimal interventions, brief counseling, or short-term counseling. **Interpersonal Counseling (IPC) for Depression in Primary Care - NCBI Booktopia** has Psychotherapy, Counselling & Primary Mental Health Care - Assessment for Brief Or Longer-term Treatment by Mary Burton. Buy a discounted **PSYCHOLOGICAL AND PSYCHOSOCIAL INTERVENTIONS - Self Psychotherapy, Counselling and Primary Mental Health Care** equivalence between Cognitive Behavioural, Interpersonal, and Short Term psychotherapy and the extent to which long-term treatments have superior The National Institute for Health and Clinical Excellence (NICE) this year . been criticised by third sector mental health in the CBT (primary care) group (RR 1.54. **Response to the NICE clinical guideline on depression - British** Several different approaches to brief psychodynamic psychotherapy have process envisioned in long-term psychodynamic therapy typically requires at least 2 .. individual drug counseling for clients with higher levels of psychiatric severity. . the functions usually attributed to the primary maternal (or care-giving) object.