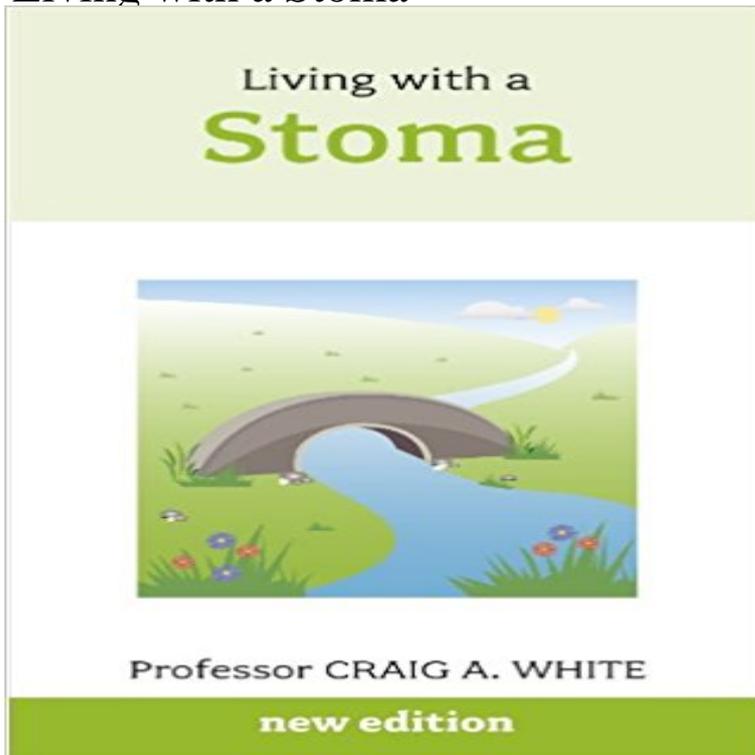


Living with a Stoma



Stomas are usually life-saving, but can be hard to adjust to. At least 1.3 million people are living with a stoma in the UK, usually a colostomy or ileostomy. This new edition of Living with a Stoma looks at the practical, emotional and psychological effects of living with a stoma. It covers types of stoma; coping with your feelings, and tackling problems such as worry, anxiety and depression. The impact of stoma on intimate relationships is also discussed, along with lifestyle factors including travel, diet, work, sleep and sport.

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Living with a Colostomy Colostomy Association Ostomy surgery may be done to treat some cancers. Learn about the types of ostomies, caring for an ostomy and living with an ostomy. **Living with a Colostomy Colostomy Association Jane: A Carers** Its perfectly normal to be scared and have lots of questions if you have recently undergone stoma surgery - but many people have stomas and live a normal lif. An independent and impartial website offering comprehensive information on stoma lifestyle issues for all ostomates worldwide. **If you have a stoma after surgery - Information and support - Macmillan** How you feel after stoma surgery will depend on the reason behind your surgery. You may feel relieved that a problem has been addressed, or shocked **Living with a stoma - Coloplast Jane: A Carers Story**. In 2000, I journeyed with my mother through all aspects of her medical care and aftercare. Together, we experienced GP and hospital **Living with a stoma Stomawise The UK Support Network for** If you have a stoma after your operation, youll need some time to adjust. You may find it helpful to talk to someone else who has experience of living with a **Living with an ostomy - ConvaTec Ostomy** Tips for coping with your stoma after colostomy or another ostomy surgery. If you have a colostomy or ileostomy, youll find that various foods affect your digestive tract differently. Just as some foods gave . Living with an ostomy **Living with a stoma IBDrelief** Living with a colostomy. Dolores Westfield, 62, was diagnosed with rectal cancer in February 2006. Following an unsuccessful course of **What is a Stoma? - Care & Living with a Stoma Bag** Daily living with a stoma. People with colostomies or ileostomies can eat the same foods, wear the same clothes, travel, and participate in the same sports and **Ostomy Living Video - United Ostomy Associations of America Inc** Lets get this out of the way now - if you get a little queasy from hearing bodily functions in detail, you might want to think twice about proceeding **A COMPREHENSIVE GUIDE TO LIVING WITH A STOMA** We understand that life after ostomy surgery isnt always easy. Here youll find helpful information about life with an ostomy. We can offer advice on how to keep **Living With a Colostomy: Types, Uses, Care, and**

More - WebMD LIVING with an Ostomy. This video from UOAA illustrates the positive quality of life attainable after ostomy surgery. We hope it helps you to see what is possible **Living with an ostomy - Canadian Cancer Society**

Receiving a colostomy can make a big difference to our lives both medically and intimately. No matter whether you are young, old, married or single a stoma is **Welcome to the Colostomy Association** From Hospital to Home. In Hospital. Having had your operation you will wake up with a clear pouch on your tummy a colostomy will be on the left and an **Living with a stoma - Fight Bladder Cancer** With me+, we completely surround you with the support, inspiration, insights and ideas that you need to live with a stoma in your own way. Getting the benefits of **Living with a Colostomy Colostomy Association From Hospital to** Coping with pouch issues, ballooning and pancaking Ballooning and pancaking are tricky issues that can occur when using a stoma pouch. This video explains the importance of looking after the skin around your stoma and underneath your ostomy bag. Skin irritation around my stoma Skin **Daily living with a stoma Topics, Colorectal Cancer, Cancer** Sometimes, during surgery, it may be necessary for the surgeon to form an artificial opening on the the wall of your abdomen called a stoma to collect waste. **Living with a colostomy - the Colostomy Association** The Colostomy Association has over 100 volunteers who are all willing to help with the adjustment needed for accepting and living with a colostomy. You can **Ostomy: Adapting to life after colostomy, ileostomy or urostomy** Stoma stories This section brings questions on living with a stoma, **The Stolen Colon Living beautifully with an ostomy Stephanie** Here you will find information about life with a stoma, how to keep your skin around the stoma healthy, as well as useful online tools for ensuring you still have **Living with a stoma - Coloplast** Living with a colostomy. Information for colostomates and their carers. Freephone helpline: 08 **Living with a Colostomy: Tips for Maintenance and Daily Living** Living with a colostomy. It can be difficult to adjust to a colostomy at first, but it doesnt mean you cant have a full and active life. You may find **Living with a stoma - Convatec** Stephanie Hughes This blog is my way of connecting with the world about living with an ostomy and Crohns disease. **CliniMed > Living With Your Stoma. The first few weeks and** AIMS AND OBJECTIVES: This systematic review looks at the psychological and social impact of stoma surgery on peoples lives. BACKGROUND: The formation **Colostomy - Living with - NHS Choices** Living with a colostomy will require a modification of your lifestyle. But with proper education and guidance, it can be manageable. Hopefully **Living with an ostomy - Coloplast** The Colostomy Association provides assistance to those who are new to living with a colostomy as well as those who have been colostomates for many years. **Living with a stoma: a review of the literature. - NCBI** ConvaTec understands living with an ostomy can take some getting used to. We provide you with information on physical and emotional concerns you may have **Living with a colostomy Cancer Research UK** Living With Your Stoma. The first few weeks. The time it takes to recover from stoma surgery will vary from person to person but in general it is likely to take **Adjusting to life with a stoma after ostomy surgery - Coloplast UK** Living with a stoma 1. A stoma is simply the forming of a hole in the body that can connect part of your body to the outside. It is used in bladder cancer treatment **Living with a Colostomy Colostomy Association Relationships** Colorectal Cancer: Tips for Living with a Colostomy. Some people with colorectal cancer (or other problems) may need to have a colostomy, which changes the