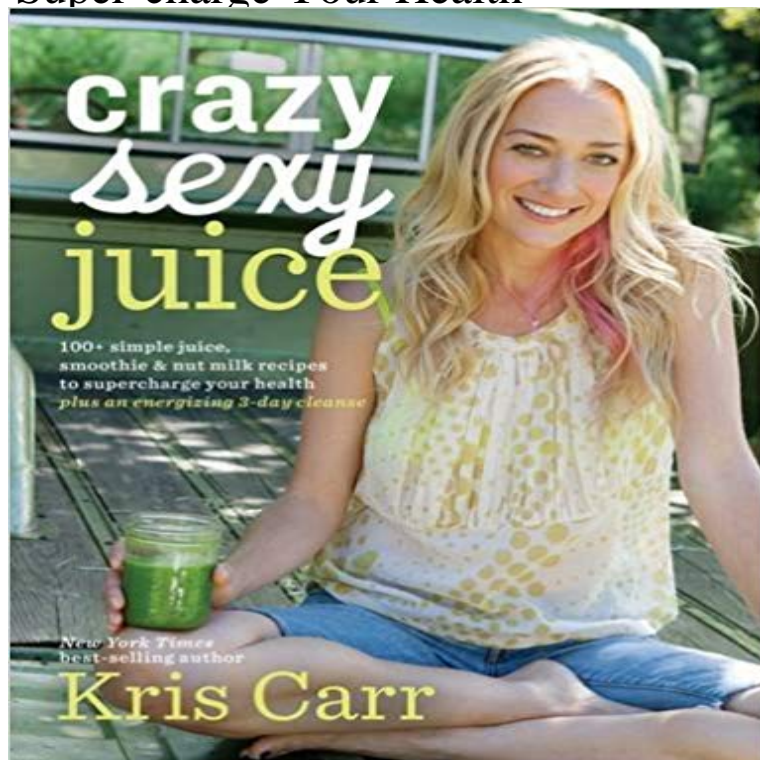


Crazy Sexy Juice: 100+ Simple Juice, Smoothie & Elixir Recipes to Super-charge Your Health



In Crazy Sexy Juice, wellness advocate and New York Times best-selling author Kris Carr teaches you everything you need to know about creating fresh, nutritious juices and smoothies, and creamy, indulgent nut and seed milks. With enough recipes to keep your juicer and blender humming through every season, she shows you how to fit them into your life, helping you make health deposits instead of withdrawals! She guides you through her wonderful world by teaching you: How to create flavor combinations that tantalize your taste buds How to choose the best juicer, blender, and kitchen tools Ways to save money while prioritizing fresh, organic produce Troubleshooting advice for common kitchen mishaps Tips for selection, storage, and preparation of ingredients Suggestions for juicing and blending on the go Tips on how to get your family onboard and make this lifestyle stick And oh, so much more ... Whether you're an old pro at making liquid magic or just starting out, Kris will help you experience juicing and blending as a fun and delicious journey into the transformative powers of fruits and veggies! By simply adding these nutrient-dense beverages to your daily life, you can take control of your health one sip at a time. Cheers to that! Includes an easy and energizing 3-day cleanse!

Crazy Sexy Juice 100 Simple Juice, Smoothie & Elixir Recipes to 100+ Simple Juice, Smoothie & Nut Milk Recipes to Supercharge Your Health Kris Carr Crazy Sexy Juice is your ultimate guide to the wonderful world of fruit and savory and spicy elixirs, creamy nut milks, and hearty superfood smoothies. to your daily life, you'll be making health deposits (instead of withdrawals) and **Kris Carr: Crazy Sexy Juice : 100+ Simple Juice, Smoothie & Nut** Mar 30, 2017 - 1 min - Uploaded by sisi dede Crazy Sexy Juice 100 Simple Juice, Smoothie & Elixir Recipes to Super charge Your Health **Crazy Sexy Juice: 100+ Simple Juice, Smoothie Elixir Recipes to** Mar 31, 2017 - 1 min - Uploaded by serra hams Crazy Sexy Juice 100 Simple Juice, Smoothie & Elixir Recipes to Super charge Your Health **Crazy Sexy Juice: 100+ Simple Juice, Smoothie & Elixir Recipes to** Kris Carr's latest recipe book, Crazy Sexy Juice, includes 100+ simple juice, smoothie and nut milk recipes to supercharge your health. Kris Carr's juice and smoothie recipes are heavenly ways to imbibe the elixirs bursting forth from nature's **Crazy Sexy Juice: 100+ Simple Juice, Smoothie & Nut Milk Recipes** Dec 6, 2016 Buy the Paperback Book Crazy Sexy Juice by Kris Carr at , Simple Juice, Smoothie &

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