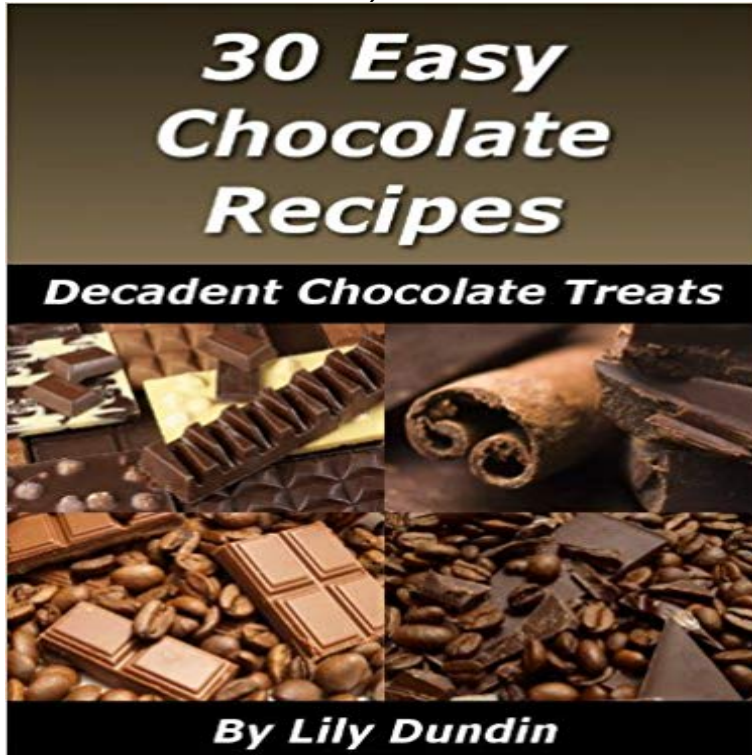


30 Easy Chocolate Recipes: Decadent Chocolate Treats (Easy Recipes Collection Book 2)



30 Easy Chocolate Recipes written by Lily Dundin is a recipe book that contains easy-to-follow instructions for preparing treats like chocolate beverages, bonbons, cakes, puddings, biscuits, mousses and so much more. For those who enjoy chocolate and preparing new and exciting treats to eat, this recipe book offers easy ways to work with chocolate - resulting in a few of the most decadent, delectable and delicious sweets and treats imaginable. There are very few individuals on this planet that do not eat chocolate. These individuals may suffer from weight-gain problems, and attempt to avoid it. Granted, chocolate contains a few calories. However; eating chocolate has many benefits - in fact these benefits often outweigh the disadvantages of eating chocolate. For example, chocolate has been known to benefit the heart. After extensive research, it was found to contain a number of healthy antioxidants. These antioxidants can lower ones chances of getting cancer and heart disease. It can also lower your cholesterol and contains iron and magnesium which is necessary in your daily diet. It has also been known to increase breast milk production in women. It contains a chemical know as Phenethylamine which is known to release Serotonin and endorphins, which are responsible for your feeling happy. And finally, it has been used by many cultures as a form of aphrodisiac! So, before you begin to feel a little bit naughty about eating chocolate, remember these facts. Without a doubt you are sure to find spending time whipping-up a chocolate dish, that's out-of-the-ordinary, well worth your while.

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This pretty cake with white chocolate glaze and cherries is a bit of a challenge but worth it . 1 hour and 30 mins More effort Sweet and salty, this decadent dessert is served in individual pots, with a caramel puddle at 2 hours and 5 mins Easy Book tickets now. : Lily Dundin: Books, Biography, Blog, Audiobooks This recipe makes 2 cakes, so why not freeze one as a treat for another day! 1 hour and 20 mins Easy Vegetarian Moist and squidgy, who would believe that this gorgeous chocolate cake is just 2g of 1 hour and 30 mins A challenge . for some healthy inspiration or learning how to cook a decadent dessert, weve Download Chocolate and Baking Quick Easy Proven Recipes Decadent cakes, cookies, fudge, and cheesecakes. When your 35. 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