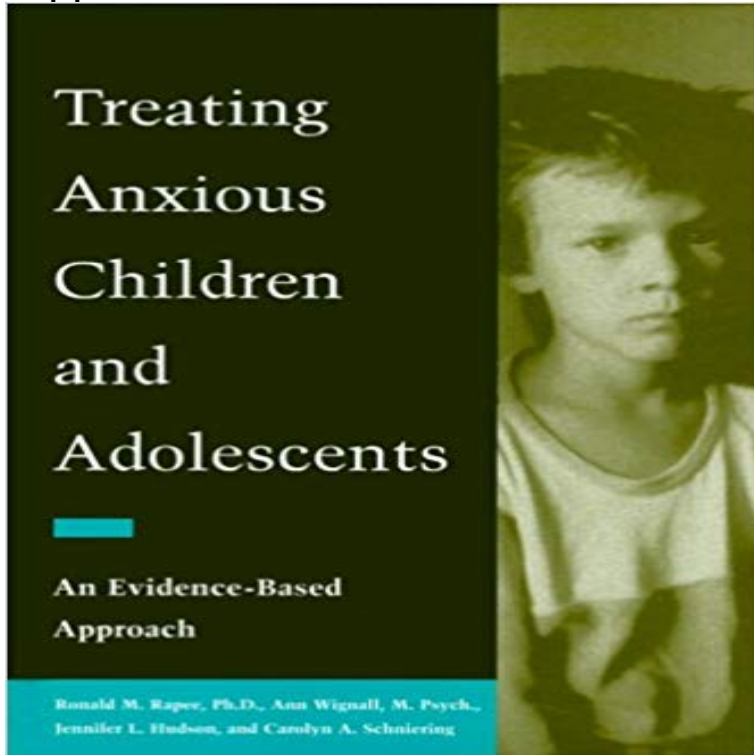


# Treating Anxious Children and Adolescents: An Evidence-Based Approach



This handbook offers mental health professionals clear, detailed guidelines for effectively treating children and adolescents suffering from anxiety disorders, the most frequently experienced type of mental disorder in children and adolescents.

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