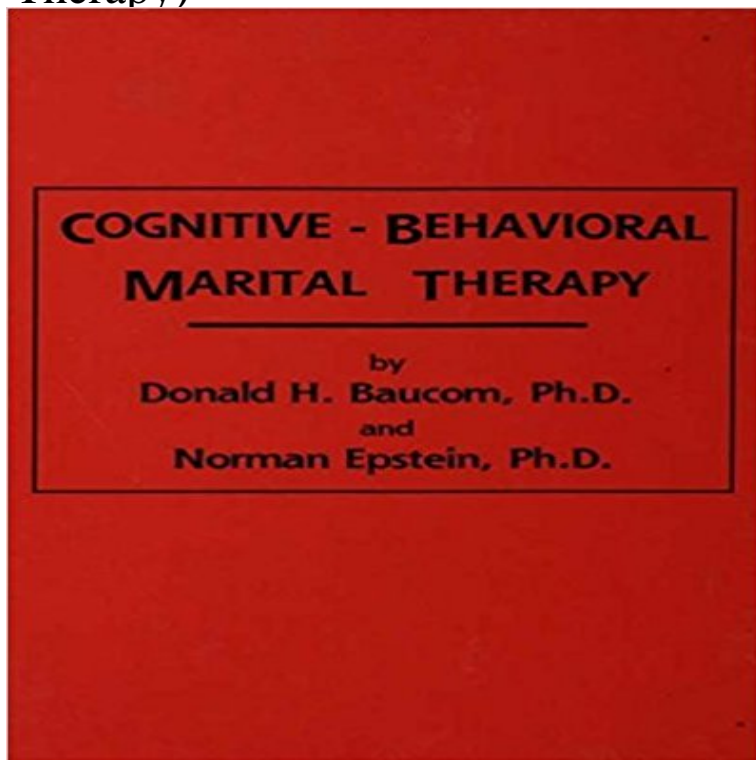


# Cognitive-Behavioral Marital Therapy (Brunner/Mazel Cognitive Therapy)



A guide for practicing marital therapists in using the cognitive-behavioral approach, concerned with how the subjects think, experience emotions, and behave, and with providing skills for them to address future as well as immediate problems. The sections cover theoretical and empirical explanations

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